

Gluten Free Resources

Stores:

Mother's market
225 E. 17th Street
Costa Mesa, CA
92627, Phone: (949) 631.4741
19770 Beach Blvd.
Huntington Beach, CA
92648, Phone: (714) 963.6667
2963 Michelson Drive
Irvine, CA
92612, Phone: (949) 752.6667
24165 Paseo De Valencia
Laguna Woods, CA
92653, Phone: (949) 768.6667

www.mothersmarket.com for specials, lectures and product lists

Henry's Marketplace, Wild Oats and Whole Foods
www.wildoats.com

Other Gluten free resources:

Websites:

www.GlutenFreeMall.com

www.glutenfree.com

www.celiac.com

www.panix.com/~donwiss/

gfkitchen.server101.com
members.ozemail.com.au/~coeliac/
www.gluten-free.org/
www.glutino.com
www.vegsoc.org/info/gluten.html
www.gicare.com/pated/edtgs06.html
www.glutenfreedelights.com
www.csaceliacs.org/recipes.php

Cookbooks:

The Gluten Free Gourmet--excellent
Gluten-free 101: Easy, Basic dishes without Wheat
more cookbooks available online from amazon.com,
[Barnes and Noble.com](http://BarnesandNoble.com), or in healthfood store book sections.